Serpent River First Nation Bi-Monthly Newsletter





Fire Prevention Week Oct 5-11

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SRFN Breaks Ground on New Homes for Our Members

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Renewing the Powwow Grounds to Honour Tradition and Building for the 7 Generations Ahead

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Binaakwe-Giizis

Binaakwe-Giizis, the Falling Leaves Moon represents the month of October. This is a time when the trees release their leaves back to the earth. The falling leaves remind us of the natural cycle of life-birth, growth, change, and return.

During this moon, the world prepares to rest, and so too are we called to let go of what no longer serves our spirit. The colours of the leaves remind us of the beauty in change, and the soft blanket they create on the ground teaches us how all things return to nourish the next generation.

Binaakwe-Giizis is a time of reflection, gratitude, and humility, when we honour the teachings of the land and give thanks for the harvests and blessings we have received before moving into the quiet of winter.







Introducing Vallee Trudeau

Welcome Our New Part Time Membership Clerk

We're pleased to introduce you to Vallee. Vallee is our new Part-Time Membership Clerk working in the Band Office at 195 Village Road East. Vallee is the daughter of Connie and Jack Trudeau and returned home earlier this year. She brings with her a wealth of experience in the fields of education and health care, working in indigenous communities and organizations. We are thrilled to have her as part of our team and working to meet the needs of community members. Vallee jumped in with both feet, solving membership needs, so please feel free to reach out to her at vallee.trudeau@serpentriverfn.com.



vallee.trudeau@serpentriverfn.com



Introducing Dominyk Desrosiers

Welcome Our New Home and Community Nurse Supervisor

Dominyk joined Serpent River in August as the Home and Community Care Nurse Supervisor. She leads the home and community care program, focusing on providing services to the Elder population (aged 55 and above). Dominyk manages a dedicated team including two PSWs and one homemaker.

With nursing experience since 2014, Dominyk spent eight years in long-term care before transitioning to home and community care nursing three years ago on Manitoulin Island. Her previous role involved supporting culturally informed healthcare.

Dominyk is passionate about empowering individuals to confidently navigate their own healthcare and aims to bridge healthcare gaps faced by the Indigenous population. She believes in supporting clients to enjoy health care in the comfort of their homes, fostering independence and well-being.

Outside of work, Dominyk enjoys sewing, gardening, fishing, and meeting new people. She is also a devoted mom of four and an animal lover.

For those interested in reaching out, Dominyk can be contacted via her email below.



Email: dominyk.desrosiers@serpentriverfn.com

Community Events Calendar october 2025

1000	SATURDAY	4	11	18	25		
0-0	FRIDAY	Hunt Camp Oct 3-7 Annual Fall Harvest Oct 3-7, at Mount Lake	10 World Mental Health Day	Nomination Meeting in person only, Community	24	31 Halloween	
	THURSDAY	Every Wednesday and Thursday - Open Gym Nights, 6PM- 8PM, Lifestyle Centre Gym Community Dinner & Information Session, 5-8PM, Community Community	9 ss Cafe, 3PM atch Health	16	23	30	
ころしたこと	WEDNESDAY	Every Wednesday and Thursday - Open Gym Nights, 6PM-8PM, Lifestyle Centre Gym Every Wednesday, Bimose Mamaawi Anishinaabemowin Classes, 5PM-6:30PM, Kenabutch Family Centre Basement	∞	15 Global Handwashing Day	22	Friends and Family Support Group, 2PM-4PM, Kenabutch Health Centre	
	TUESDAY	Every Tuesday in Oct (except for the 7th)- Craft and Quit Smoking Cessation Program, 12pm-1pm, Kenabutch Health Centre Every Tuesday Kids Hapkido Martial Arts Classes, 6PM-8PM, Lifestyle Centre	Lunch and Learn with Patricia Toulouse, 12PM, Kenabutch Health Centre Tipi Talk, 8:30AM-2:30PM, Powwow Grounds	14	Tipi Talk, 8:30AM-2:30PM, Powwow Grounds	28	James Bridge Bridge Co.
0.50	MON		9	13 Stat Holiday	20	27	18 B.
	SUNDAY		Soct 5-11 Fire Prevention Week	12	Daycare Bingo, 12PM, Community Centre Breast Cancer Awareness Day	26	

Community Events Calendar November 2025

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SUNDAY	MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Every Wednesday and Thursday	Every Wednesday		1
		Every Tuesday Kids Hapkido Martial	- Open Oylin ruigius, or int-or int, Lifestyle Centre Gym	and Thursday - Open Gym Nights, 6PM-		All Souls Day
		Centre	Every Wednesday, Bimose Mamaawi Anishinaabemowin Classes, 5PM-6:30PM, Kenabutch Family Centre	8PM, Lifestyle Centre Gym		
2	æ	4	\$	9	7	8
		Lunch and Learn with Patricia Toulouse, 12PM, Kenabutch Health Centre	Full Moon Ceremony, 7PM-	Diabetes Cafe,		
		Tipi Talk, 8:30AM-2:30PM, Powwow Grounds	9PM, Kenabutch Family Centre Tipi	Kenabutch Health Centre		
6	10	11	12	13	14	15
				Lunch and Learn: Diabetes and Oral Health, 12PM-1PM Kenabutch Health	Friday Night Social, SPM- 8PM, Lifestyle Centre	
16	17	81	10	Centre	2.1	22
Daycare Bingo,		Tipi Talk, 8:30AM-2:30PM, Powwow Grounds	Diabetic Retinopathy Eye Screening, 12PM-1PM, Community Centre	NAAW Recognition Dinner, 5PM, Community Centre	General Election and Count Term	Volleyball Tournament for Diabetes
Community Centre			Niisoonaq Student Meeting at Spanish Marina, 9AM-1PM		person Only, Community Centre	Awareness, 9AM-7PM, Lifestyle Centre
23	24	25	26	27	28	29
			Friends and Family Support Group, 2PM-4PM, Kenabutch Health Centre			

Dshindaaniin Mshkikiwan "lets talk medicine" Meduires MAAMWESYING MORTH SHORE COMMUNITY HALTH SERVICES INC

Lunch and Learn with Patricia Toulouse Traditional Health Practitioner



DATE

TUESDAY, OCTOBER 7 AND NOVEMBER 4 2025



TIME

12:00 PM



LOCATION

KENABUTCH HEALTH CENTRE

One-on-one appointments also available



Craft and Quit - Smoking Cessation Program

Join our smoking cessation program for a dults aged 18 and older who want to quit smoking or vaping.

In collaboration with Lisa-Marie Naponse, a Health Educator from Maamwesying, we offer the support and resources needed for a successful transition to a smoke-free lifestyle.

Free weekly craft to work on during sessions



DATE

TUESDAYS OCTOBER 14TH, 21ST, 28TH 2025



TIME 12PM-1PM

LOCATION

KENABUTCH HEALTH CENTRE

For more information contact the Kenabutch Health Centre at (705) 844–2152 or email ashlev.sago@serpentriverfn.com



Diabetes Cafe

Join us for our friendly drop-in sessions designed for those who are newly diagnosed or currently living with diabetes!

- Connect with others and take part in monthly discussions and fun challenges to help you thrive while managing diabetes.
- Light snacks and refreshments will be provided.



DATE

THURSDAY, OCTOBER 9TH AND NOVEMBER 6TH 2025



TIME



10AM - 3PM LOCATION

For more information contact the Kenabutch Health Centre at (705) 844-2152



Friends and Family Support Group

A wellness support group for individuals of loved ones with substance use disorder

If you are a family member or caregiver of someone with a substance use issue, we invite you to our monthly support group. These meetings provide a friendly space to connect with others, share your experiences, and find support for the challenges of addiction.

You can take part in open discussions and learn helpful strategies to assist your loved ones while also taking care of yourself. Held in a relaxed and comfortable setting, these meetings aim to create a safe space for those looking for understanding and support or this tough journey. Remember, you don't have to face this struggle alone.



DATE

OCCURS EVERY LAST WEDNESDAY OF THE MONTH WEDNESDAY, OCTOBER 29^{TH,} AND NOVEMBER 26TH 2025



TIME 2PM-4PM



LOCATION

KENABUTCH HEALTH CENTRE

For more information contact the Kenabutch Health Centre at (705) 844-2152



SAVE THE DATE:

Annual Fall Harvest



DATE

OCTOBER 3-7.2025



LOCATION MOUNT LAKE



LINK TO REGISTER: DIRECTIONS:



Annual Fall Harvest Agenda

Time	Friday, Oct 3	Saturday, Oct 4	Sunday, Oct 5	Monday, Oct 6	Tuesday, Oct 7	
7 to 9am		Breakfast Pull net	Breakfast	Breakfast Pick up beaver	Breakfast	
9 to 12pm	Set up camp ATV tours Harvesting teachings Scavenger Hunt Outdoor Games	ATV tours Cleaning fish Hide softening Hoop/hide craft Scone on Stick Tea making	ATV tours Goose cleaning Hide softening Beaded corn craft (TL) Feast bag making	Beaver cleaning/st retching Cook beaver stew Medicine pouch making	Break camp	
12 to 1pm	Lunch	Lunch	Lunch	Lunch		
1to 4:30pm	ATV tours Gun target shooting Sighting in Hicle softening Birch bark moose callers making Shaker making Men's sweat lodge ceremony*	ATV tours Smoking fish Hide softening Earring tutting Dreamcatcher S Nature painting Shaker making Women's sweat todge ceremony*	ATV tours Hide softening Goose sugabon Tea making Feast bag making Stick game Birch bark mini canoe	Mullein workshop Dreamcatchers Tea making Cedar teaching		
4:30 to 5:30pm	Supper	Supper	Supper	Supper		
5:30 to 8:30pm	Oct not mongo		Set beaver trap Medicine pouch making			

Community – Ta

The referendum originally scheduled for September 19, 2025, regarding the Serpent River First Nation Robinson Huron Trust, has been postponed



We invite all members to attend the upcoming Talking Circles. These sessions are designed to provide information and foster dialogue around the Trust Deed.

Tuesday, 09/23 Ottawa | 6:00PM

-In Person Only

Delta Ottawa City Centre, 101 Lyon St. N, Ottawa, ON K1R 5T9

Wednesday, 9/24 In Person Only
Toronto | 6:00PM
Sheraton Centre Toronto Hotel, 123 Queen St W, Toronto, ON M5H 2M9

<mark>Saturday, 09/27</mark> Virtual| 2:00PM

Passcode: 903347

Meeting ID: 873 3261 9135 https://fcrca.zoom.us/j/87332619135pwd=rJolRO0Elwo1uCW4d7WdQ9tz5prErH.1

-In Person & Zoom

Delta Sault Ste. Marie Waterfront, 208 St Mary's River Dr, Sault Ste. Marie, ON P6A 5V4

-In Person & Zoom

Thursday, 10/2 — Sudbury | 6:00PM

Holiday Inn Sudbury, 1696 Regent St, Greater Sudbury, ON P3E 3Z8 Please note: Zoom links for Sault Ste. Marie and Sudbury sessions will be provided closer to the date.

These Talking Circles are intended to:



- Provide background on the Trust Deed, including its structure
- Trovide background of internate Dect, including its students and purpose.
 Create a safe and welcoming space for members to ask questions, share insights, and deepen their understanding.
 Support transparency and collective awareness around the Trust.
 All members are encouraged to attend, participate, and engage in this important conversation.







Lunch and Learn: Diabetes and Oral Health

Did you know that diabetes can affect your oral health?

People with diabetes are more prone to gum disease because high blood sugar reduces saliva production, which increases plaque bacteria and leads to tooth decay.

Join dental hygienist Carla Blanchard for an informative Lunch and Learn this Diabetes Awareness Month!



DATE

THURSDAY NOVEMBER 13TH, 2025



TIME

1 IME 12:00PM TO 1:00PM



LOCATION

KENABUTCH HEALTH CENTRE



For more information contact the Kenabutch Health Centre at (705) 844-2152



Mental Health Services

LIFESTYLE CENTRE GYM

Talon Horst (705-844-1864)

In addition to the Mental Health and Addictions services provided by Serpent River First Nation, Maamwesying offers mental wellness supports.

Crisis, Same Day Sessions, and Walk-in/Drop-ins

inese supports are for peopie who need immediate help. I he rocus is on sarety, stabilisation, and, needed, referral for counselling, hospital assessment, or other services. Same day sessions are solution-focused, not for trauma work, and you may not see the same counsellor each time.

Long-term Counselling

This service includes an assessment, a treatment plan, and regular sessions with the same counsellor Clients work toward their goals until they are achieved or the service is closed.



DATE

MONDAY: LONG-TERM COUNSELLING (BY APPOINTMENT)
TUESDAY: CRISIS, SAME DAY SESSIONS, AND WALK-IN
WEDNESDAY: SAME DAY SESSIONS AND INTAKES FOR LONG-TERM
THURSDAY: LONG-TERM COUNSELLING (BY APPOINTMENT)



LOCATION

KENABUTCH FAMILY CENTRE



Contact the Mental Wellness & Minobimaadizing Central Intake Line at 1-844-864-0523.



Kids Hapkido Martial Arts Classes

New participants welcome!

New class time begins October 7th!



DATE

EVERY TUESDAY 2025



TIME 6PM-8PM



LOCATION

LIFESTYLE CENTRE For more information contact Sarah Kozeyah at (705)844-1864 or email

sarah.kozeyah@serpentriverfn.com



Bimose Mamaawi Anishinaabemowin Classes



DATE

EVERY WEDNESDAY 2025
*EXCEPT STAT HOLIDAYS AND BAND HOLIDAYS.



TIME

5PM TO 6:30PM



LOCATION

KENABUTCH FAMILY CENTRE BASEMENT 261 VILLAGE ROAD



Join us Anishinaabemowin classes with Giizhoonhs and Waasheskang

- Open to all who wish to grow as language learners whether you're a beginner, intermediate or fluent in an encouraging and supportive environment
- Please bring your feast bundles



Friday Night Social

Friday Night Social is open to everyone.

It is a time for community to gather, eat and share knowledge and skills in a safe and welcoming space. We welcome you to bring your drums, shakers, board games, beading, crafting, etc.



DATE

SEPTEMBER 12, NOVEMBER 14, DECEMBER 12, 2025



TIME

5PM TO 8PM



LOCATION

LIFESTYLE CENTRE
36 BALL PARK, CUTLER ON POP 1BO



For more information, contact:

Robbie Sago

(Call/text) 705-227-0845



Full Moon Ceremony

Welcoming all girls, women, two-spirited and those who identify with feminine energy to give thanks to Grandmother Moon.

Marlene Essex will be conducting.

Skirts encouraged but no mandatory. Bring your bundles and moon water vessel.



DATE

SEPTEMBER 7, NOVEMBER 5, DECEMBER 4, 2025



TIME

7:00PM -9:00PM



LOCATION

KENABUTCH FAMILY CENTRE TIPI 261 VILLAGE ROAD, CUTLER



For more information, contact: Robbie Sago (Call/text) 705-227-0845



Hunt Camp



DATE

OCTOBER 3-7, 2025



TIME

BUS WILL BE TRAVELLING FROM THE BAND HALL AT 9AM DAILY AND RETURNING TO LEAVE MOUNT LAKE AT 6PM DAILY.



LOCATIONMOUNT LAKE



To register, contact:

Please also reach out if in need of accommodations or transportation



Diabetic Retinopathy Eye Screening

An associate from the Anishnabek Nation will be visiting our community to offer eye screenings using a specialized eye camera.

This service is available to:

- Diabetic community members
- Anyone interested in getting their eyes tested
- This is a great opportunity to check for early signs of diabetic eye disease and maintain

No appointment necessary - walk-ins welcome!



WEDNESDAY NOVEMBER 19TH, 2025



12:00 PM -1:00PM



LOCATION

COMMUNITY CENTRE



For more information contact the Kenabutch Health Centre at (705) 844-2152



SRFN invites you to...

Community Dinner and Information Session

To the Members of SRFN,

You are invited to a Community Information Session & Dinner. We will be sharing updates on the Cutler Acid Site remediation, including the progress made so far and the work planned for this coming winter and spring.

Come learn more, ask questions, and enjoy a meal together.



DATE

THURSDAY OCTOBER 2,2025



5:00 PM -8:00PM



SRFN COMMUNITY CENTRE (BAND HALL)



For more information contact Mathieu Gervais at

Mathieu.Gervais@serpentriverfn.com



Tipi Talk

All are welcome to sit at the Sacred Fire with Atikameksheng First Nation Elder, Brian Nootchtai Sr. A Pipe Carrier, Knowledge Keeper, and Firekeeper, Brian carries over 36 years of sobriety within his bundle, along with teachings of the Medicine Wheel. His western education specializes in mental health and addictions.

As Elder Brian shares, "I light human fires. Everyone is welcome."



TUESDAY, OCTOBER 7 AND 21, 2025 TUESDAY NOVEMBER 4 AND 18 2025



TIME

8:30 AM TO 2:30 PM



LOCATION

POW WOW GROUNDS

(MOVING TO KENABUTCH FAMILY CENTRE TIPI WHEN IT STARTS



Contact Tammy Belanger at

tammy.belanger@serpentriverfn.com for more information. Transportation is available if needed. Please reach out if you need a ride



Volleyball Tournament For Diabetes Awareness

Join us for our annual one-day co-ed tournament! The event will feature single-round robin games, with points tallied to identify the top four teams who will advance to the playoff matches.

This tournament is open to participants ages 16 and older. Each team may register up t players, with a minimum of three women required on the court at all times

The entry fee is \$100 per team. Tournament rules and registration forms are available at the Kenabutch Health Centre and the Lifestyle Centre. Don't miss your chance to compete, stay active, and have fun!



SATURDAY NOVEMBER 22ND, 2025



9:00AM-7:00PM



LOCATION

LIFESTYLE CENTRE



For more information contact the Kenabutch Health Centre at (705) 844-2152 or email ashley.sago@serpentriverfn.com



Healthy Harvest Meal

Join us for a special meal featuring a variety of fall harvest items—think roasted root vegetables, hearty grain salads, apple and squash dishes, and warm spiced beverages. Learn practical tips for healthy eating and seasonal nutrition. We will share insights on how to make the most of fall produce, answer your nutrition questions, and offer guidance for

balanced meals.

- **Event Highlights:** · Wholesome fall-inspired menu
- Nutrition Q&A with a community health nurse
- · Tips for incorporating seasonal produce into everyday meals

KENABUTCH HEALTH CENTRE

· Opportunity to connect with colleagues in a relaxed, health-focused setting



DATE

OCTOBER,2025



5:00 PM -7:00PM



LOCATION



For more information contact the Kenabutch Health Centre at (705) 844-2152



Moccasin Walk Challenge

Join the Mocc Walk - moccasins not necessary!

We invite all community members to take part in the Mocc Walk, a two-month walking challenge designed to encourage physical activity and bring people together. This challenge is open to everyone, whether you'd like to join as part of a team of four or take on the journey on your own.

Earn points for every ten-minute interval of walking you complete throughout the challenge. The person with the highest points at the end will win a great prize! On top of that, you can boost your score even more by doubling your points when you participate in programs happening at the

Stav active, have fun, and take steps toward wellness while working toward some exciting rewards!



DATE

STARTS OCTOBER 1ST, ENDS NOVEMBER 30TH 2025

SARAH'S WALKING PROGRAM MONDAY-THURSDAY 9:00 AM-12:00 PM

TALON'S EVENING PROGRAMS: WEDNESDAY & THURSDAY 6:00 PM -8:00 PM FRIDAY TO SUNDAY 9:00 PM-4:00 PM



LOCATION GENAABAAJING



For more information contact the Kenabutch Health Centre at (705) 844-2152 or email

ashley.sago@serpentriverfn.com



PAVE THE WAY, ACHIEVE DREAMS

Transmission Project

Whether you're a fresh graduate looking for your first job, a student exploring career paths, or a professional seeking new challenges, this is the event that will open doors to your future. Booth exhibits from Aecon, Valard, Hydro One, Day Construction, Pionee Construction, Post Secondary Institute, and more!







OCTOBER 21, 2025

2:00 PM TO 8:00 PM

OCTOBER 23, 2025

2:00 PM TO 8:00 PM (DINNER AT 5:30 PM)

705-662-0959 Chris Johnsen, Employment and Procurement Specialist SAGAMOK ANISHNAWBEK

MISSISSAUGI FIRST NATION

REGISTER HERE

COMMUNITY HALL 148 VILLAGE ROAD





Daycare Bingo

Join us for a fun game of Bingo in support of SFRN Daycare!

Mini- 2 for \$5 Games-\$5 Strip Specials \$1 each Jackpot \$2 each

Cash Bingo!



SUNDAY OCTOBER 19,2025



DOORS OPEN AT 12:00PM **GAME STARTS AT 1:00PM**



LOCATION SRFN COMMUNITY CENTRE



For more information contact 705-844-2070



Daycare Bingo

Join us for a fun game of Bingo in support of SFRN Daycare!

Mini strips -2 for \$5 Games - \$5 Strip Specials \$1 each Jackpot \$2 each





DATE

SUNDAY NOVEMBER 16 ,2025



LIVIE

DOORS OPEN AT 12:00PM GAME STARTS AT 1:00PM



LOCATION

SRFN COMMUNITY CENTRE



For more information contact 705-844-2070



Family Bingo

Join us for a fun game of Bingo in support of SFRN Daycare!



Mini strips are \$2 Regular strips are \$3

Every purchase helps us create a safe and caring space for our little ones. Come play, have fun, and support a great cause!



DATE

SUNDAY DECEMBER 7TH ,2025



TIME

DOORS OPEN AT 12:00PM GAME STARTS AT 1:00PM



LOCATION

SRFN COMMUNITY CENTRE



For more information contact 705-844-2070



Tasewang/All Souls Day

A gentle reminder to take time with your family and feast your loved ones.

This day, known as Tasewang, is a time for our peoples to feast, share stories, and keep our connection strong with those in the spirit world.

Let us honour their memory with love, food, and togetherness.



DATE

SATURDAY NOVEMBER 1ST, 2025



NAAW (National Addictions Awareness Week) Recognition Dinner



DATE

THURSDAY, NOVEMBER 20,2025



TIME

5:00 PM



LOCATION

COMMUNITY CENTRE (BAND OFFICE)
195 VILLAGE ROAD EAST, CUTLER ON POP 1BO

Community Notices

Notice: New Documents Available in Members Portal



SEPT

11

Notice: The following documents have been uploaded and are now available on the Members Portal under Members Area > RHT:

- Update from RHTLF on Misinformed and Misguided Action Against RHT Chief and Councils
- Trust Deed 08/09/2025
- SRFN Robinson Huron Treaty Plain Language Document – 08/09/2025
- Robinson Huron Treaty Report to Members 08/09/2025
- Robinson Huron Trust Deed Draft Final Version

Notice: Late Fees Effective October 2025

SEPT

11

Please be advised that beginning in October 2025, late fees will be in effect.

We encourage all members to make timely payments to avoid additional charges. Thank you for your understanding and cooperation.

Miigwetch, SRFN Administration



		CHA	RGII	NG?	BE B	ATTE	RY S	MAR	T. TA	KE A	TIP.		
Charge on a hard, flat surface (not a bed or a couch).	Use the charger that came with your device or one from the same company.	If you have to jiggle the cord to charge, it's time for a new charger.	When your device is fully charged, unplug it.	Charge on a hard, flat surface (not a bed or a couch).	Use the charger that came with your device or one from the same company.	If you have to jiggle the cord to charge, it's time for a new charger.	When your device is fully charged, unplug it.	Charge on a hard, flat surface (not a bed or a couch).	Use the charger that came with your device or one from the same company.	If you have to jiggle the cord to charge, it's time for a new charger.	When your device is fully charged, unplug it.	Charge on a hard, flat surface (not a bed or a couch).	Use the charger that came with your device or one from the same company.

Community Notices



Serpent River First Nation

Upcoming Election

Electoral officer: Scott Jacob

Please note: This election is strictly for 201 VOTING members as per the Serpent River First Nation Membership Code.

NOMINATION MEETING



DATE

OCTOBER 17, 2025 ((IN-PERSON ONLY)



LOCATION

COMMUNITY CENTRE (BAND OFFICE)
195 VILLAGE ROAD EAST, CUTLER ON POP 1BO

GENERAL ELECTION & COUNT - TERM 2025-2029



DATE

NOVEMBER 21, 2025 ((IN-PERSON ONLY)



LOCATION

COMMUNITY CENTRE (BAND OFFICE)

OTHER IMPORTANT DATES TO NOTE:



NOMINATION MEETING NOTICE WILL BE MAILED OUT TO VOTING MEMBERS SEPTEMBER 22

BALLOTS WILL BE MAILED OUT TO VOTING MEMBERS OCTOBER 22

Fire Prevention Week Safety Flyers



- Install smoke alarms in every bedroom. They should also be outside each sleeping area and on every level of the home. Install alarms in the basement.
- Large homes may need extra smoke alarms.
- It is best to use interconnected smoke alarms When one smoke alarm sounds, they all sound.
- Test all smoke alarms at least once a month. Press the test button to be sure the alarm is working
- Current alarms on the market employ different types of technology including multi-sensing, which could include smoke and carbon monoxide combined
- Today's smoke alarms will be more technologically advanced to respond to a multitude of fire conditions, yet mitigate false alarms.
- A smoke alarm should be on the ceiling or high on a wall. Keep smoke alarms away from the kitchen to reduce false alarms. They should be at least 10 feet (3 meters) from the stove.
- People who are hard-of-hearing or deaf can use special alarms. These alarms have strobe lights and bed shakers.
- Replace all smoke alarms when they are 10

- ① A closed door may slow the spread of smoke, heat,
- installed inside every sleeping room, outside each separate sleeping area, and on every level. Smoke alarms should be connected so when one sounds, they all sound. Most homes do not have this level of protection.
- Roughly 3 out of 5 fire deaths happen in homes with no smoke alarms or no working





nfpa.org/education @NFPA 2018



Lithium-ion batteries supply power to many kinds of devices including smart phones, laptops, e-scooters and e-bikes, e-cigarettes, smoke alarms, toys, and even cars. If not used correctly, or if damaged, these batteries can catch on fire or explode.

- The Problem
 These batteries store a large amount of energy in a small amount of space. Sometimes batteries are not used the right way; batteries
- not designed for a specific use can be dangerous. Like any product, a small number of these batteries are defective. They can overheat, catch fire, or explode.

Safety Tips

- Purchase and use devices that are listed by a nationally
- recognized testing laboratory.
 Always follow the manufacturer's instructions.
 Only use the battery that is designed for the device.
- Only use the charging cord that came with the device. Do not charge a device under your pillow, on your bed, or on a couch.
- Do not keep charging the device or device battery after it is fully charged.
- Keep batteries at room temperature when possible. Do not charge them at temperatures below 32°F (0°C) or above
- Store batteries away from anything that can catch fire

Stop using the battery if you notice these problems: odor, change in color, too much heat, change in shape, leaking, or odd noises. If it is safe to do so, move the device away from anything that can catch fire. Call **9-1-1**.

Recycle Batteries Responsibly Don't throw lithium-ion batteries in the trash or regular recycling bins because they could start a fire. Recycle your

device or battery at a safe battery recycling location. Visit call2recycle.org to find a recycling spot near you.



NATIONAL FIRE
PROTECTION ASSOCIATION
The Leading Information and Knowledge Resource on Fire,
Electrical, and Related Nazards.

nfpa.org/education @2025 NFPA



you can help prevent a fire in your home.



BUY only listed products. When buying a product that uses a lithium-ion battery look for a safety certification mark such as UL, ETL, or CSA. This means it meets important



STOP using your device right away if the battery smells weird, gets too hot, makes popping noises, changes in shape or color. If it is safe, move the device away from anything that can catch fire. Call 9-1-1.





RECYCLE batteries responsibly. Don't throw lithium-ion batteries in the trash or regular recycling bins because they could start a fire.



RECYCLE your device or battery at a safe battery recycling location. Visit call2recycle.org to find a recycling spot near you.



nfpa.org/education | ©2025 NFPA®

prevention starts with you!

Fire

VENI D SAFET

Beware of fire hazards.

Cooking, heating, electrical outlets, cigarettes, and candles are common fire hazards.

Check fire alarms.

Test smoke alarms every month. Replace the batteries every year.

Conduct a fire

Practice your fire escape plan, Know how to stop, drop, and roll.

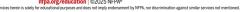
Know what to do.

Create a fire escape plan with exit points for every room in vour home.

Ask for help.

Know who to call in case of a fire. Stay calm and give them your address with landmarks.





Fire Prevention Week Safety Flyers



- MAKE a home escape plan. Draw a map of your home showing all doors and windows. Discuss the plan with everyone in your home.
-))) KNOW at least two ways out of every room, if possible. Make sure all doors and windows leading outside open easily.
-))) HAVE an outside meeting place (like a tree, light pole or mailbox) a safe distance from the home where everyone should meet.
- PRACTICE your home fire drill at night and during the day with everyone in your home, twice a year.
-))) PRACTICE using different ways out.
-))) TEACH children how to escape on their own in case you can't help them
-))) CLOSE doors behind you as you leave.

IF THE ALARM SOUNDS...

- 3)) If the smoke alarm sounds, GET OUT AND STAY OUT. Never go back inside for people or pets.
-))) If you have to escape through smoke, GET LOW AND GO under the smoke to your way out.
-))) CALL the fire department from outside your home.



Your Source for SAFETY Information
NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

www.nfpa.org/education @NFPA 2016

FACTS

- A closed door may slow the spread of smoke, heat, and fire. Install smoke alarms inside every sleeping room and outside each separate sleeping area. Install alarms on every level of the home. Smoke alarms should be interconnected. When one smoke alarm sounds, they all sound.
- While 71% of Americans have an escape plan in case of a fire, only 47% of those have practiced it.
- 47% of those have practiced it.

 One-third of American households who made an estimate thought they would have at least 6 minutes before a fire in their home would become life-threatening. The time available is often less. And only 3% said their first thought on hearing a smoke alarm would be to get out!

1 Hegtrien

Flipping a light switch. Plugging in a coffeemaker. Charging a laptop easier. However, we need to be cand keep safety in mind.

- Have all electrical work done by a qualified electrician.
- When you are buying or remodeling a home, have it inspected by a qualified private inspector or in accordance with local requirements.
- Only use one heat-producing appliance (such as a coffee maker, toaster, space heater, etc.) plugged into a receptacle
- Major appliances (refrigerators, dryers, washers, stoves, air conditioners, microwave ovens, etc.) should be plugged directly into a wall receptacle outlet. Extension cords and plug strips should not be used.
- Arc-fault circuit interrupters (AFCIs) shut off electricity when a dangerous condition occurs. Consider having them installed in your home.
- your home.

 Use ground-fault circuit interrupters (GFCIs) to reduce the risk of shock. GFCIs shut off an electrical circuit when it becomes a shock hazard. They should be installed inside the home in bathrooms, kitchens, garages and basements. All outdoor receptacles should be GFCI protected.
- Test AFCIs and GFCIs protected.

 Test AFCIs and GFCIs once a month according to the manufacturer's recommendations. You do not need a flame to start a fire. Fires can start when heat builds up near things that burn. This can happen when a hot light bulb is near things that burn, such as cloth or paper, or a cord has been placed under a carpet.
- Check electrical cords to make sure they are not running across doorways or under carpets. Extension cords are intended for temporary use. Have a qualified electrician add more receptacle outlets so you don't have to use extension cords.
- Use a light bulb with the right number of watts. There should be a sticker that indicates the right number of watts.

IMPORTANT REMINDER

Call a qualified electrician or your landlord if you have:

Frequent problems with blowing fuses or tripping circuit breakers

A tingling feeling when you touch an electrical appliance

Discolored or warm wall outlets

- A burning or rubbery smell coming from an appliance
- Flickering or dimming lights Sparks from an outlet



NATIONAL FIRE
PROTECTION ASSOCIATION
The leading information and knowledge resource
on fire, electrical and related hazards

When the weather turns cold, it can bring a chill into our homes. Portable space heaters have become a popular way to supplement central heating or heat one room. If you plan to use portable electric space heaters, make sure to follow these tips and recommendations:

- Purchase a heater with the seal of a qualified testing laboratory.
- Keep the heater at least 3 feet (1 metre) away from anything that can burn, including people.
- Choose a heater with a thermostat and overheat
- Place the heater on a solid, flat surface.
- the heater off if it tips over. Keep space heaters out of the way of foot traffic.

Make sure your heater has an auto shut-off to turn

- Keep children away from the space heater.
- Plug the heater directly into the wall outlet. Never use an extension cord.
- Space heaters should be turned off and unplugged when you leave the room or go to bed.

Types of electric space heaters

Oil or water-filled radiator Heated oil or water travels through the heater.

Fan-forced heater A fan blows warm air over metal coils.

Ceramic heater

Air is warmed over a ceramic heating element.

Infrared heaters

Heat is created by infrared bulbs



Two in five deaths in space heater fires involve portable electric space heaters.



Common **Causes of House Fires**

Cooking Accidents

- · Unattended cooking is the leading cause
- Grease fires, overheated pans, and flammable items

Electrical Faults

- · Faulty wiring, overloaded power strips, or malfunctioning appliances.
- Space heaters and electric blankets are frequent culprits

Heating Equipment

- Portable heaters placed too close to flammable
- · Chimneys not properly cleaned or maintained

Smoking Indoors

- · Cigarettes not properly extinguised
- Fires often start in bedrooms or living rooms.

Candes & Open Flames

· Left unattended or placed near curtains, paper, or

Fire prevention starts with you!

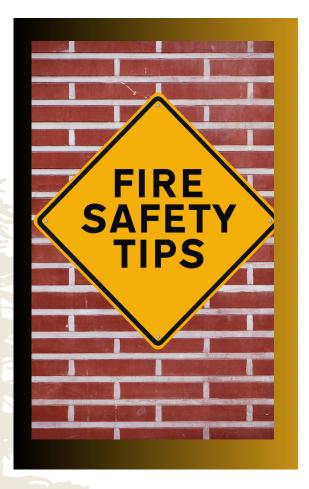


nfpa.org/education ©NFPA 2018

Fire Prevention Week October 5-11, 2025

Serpent River First Nation acknowledges Fire Prevention Week, taking place October 5–11, 2025. This year's national theme is "Charge into Fire Safety™: Lithium-Ion Batteries in Your Home," with a focus on safe use, charging, and disposal of batteries that power many of our everyday devices.





Fire Prevention in the Home

Fire safety starts with you. Protect your family and your home by following these important fire prevention tips.

Smoke Alarms & Detectors

- · Install smoke alarms on every level of your home, in bedrooms, and outside sleeping areas.
- · Test alarms monthly and replace batteries yearly.
- · Replace alarms every 10 years.
- · Install carbon monoxide detectors if you use fuelburning appliances.

Electrical Safety

- · Avoid overloading outlets and power strips.
- · Replace damaged cords immediately.
- · Use only CSA/UL-approved cords and appliances.
- · Never run cords under carpets or rugs.

Heating & Cooking Safety

- · Keep space heaters at least 3 feet away from anything flammable.
- · Stay in the kitchen when cooking.
- · Keep towels, curtains, and paper away from stovetops.
- · Have chimneys and furnaces cleaned annually.

Candles & Open Flames

- · Use flameless candles when possible.
- If using candles, keep them 12 inches away from flammables.
- Never leave candles burning unattended.

Smoking Safety

- · Smoke outside only.
- · Use deep, sturdy ashtrays.
- · Never smoke in bed, on couches, or near oxygen tanks.



Fire Prevention Week Cont'd October 5-11, 2025

Storage of Flammables

- · Store gasoline, propane, and fuels outdoors in approved containers.
- · Keep matches and lighters out of children's reach.

Fire Escape Planning

- · Create a plan with two exits from each room.
- · Practice your plan twice a year with your family.
- · Choose a safe meeting place outside.





Fire Extinguishers

- · Place extinguishers in the kitchen, garage, and near exits.
- · Learn the PASS method: Pull, Aim, Squeeze, Sweep.

Seasonal Safety

- · Check holiday lights for damage before use.
- · Water real Christmas trees daily.
- · Keep BBQs and fire pits a safe distance from the home.

Remember:

Prevention saves lives. A few minutes of preparation can make all the difference in an emergency.

Please review or create your families fire safety escape plan.

For more information, please contact the Serpent River First Nation Housing & Infrastructure Department

Honouring Our Volunteer Firefighters

On September 18th 2025, Serpent River First Nation Chief and Council hosted a Thank You Dinner at the Community Centre to recognize the dedicated volunteers of the Serpent River Fire Department. The evening included words of gratitude, presentation of appreciation gifts, and a meal shared together. This gathering was a heartfelt way to acknowledge the important contributions our volunteer firefighters make to keeping the community safe.





A Message from the Education Department

This September, Serpent River First Nation and the Huron Superior Catholic District School Board launched their partnership to deliver a land-based outdoor education classroom. Thid program takes the classroom learning out of the "four walls" of a school classroom, and promotes outdoor learning.

Two days a week, students will travel to the SRFN-owned school in Serpent River Ontario. In 2023, Serpent River First Nation acquired the Rockhaven school (formerly owned by the Algoma District School Board). SRFN's vision of creating a teaching space to offer land-based learning will be realized and further developed. This partnership is the first step in offering education to our community and nearby communities to learn Anishinaabe ways of life and knowing, while connected to the land. The program will run for the full school year term.

This classroom space is an enhancement to the standard delivery of the Ontario Curriculum. The inaugural Grade 5/6 class is based out of Our Lady of Lourdes in Elliot Lake. Building off the success of HSCDSB's St. Kateri program, this partnership mirrors the best practices of HSCDSB partnership with Garden River First Nation.

Prior to the classroom moving to the former Rockhaven site, the students and teacher and support staff will build their relationship and learn the basics of safety while learning on the land. These types of lessons include programs such as Bear Wise, compass use, what to do an emergency, etc. Students' safety is the utmost priority. New equipment purchased for the program includes GPS trackers.









A Message from the Education Department Cont'd

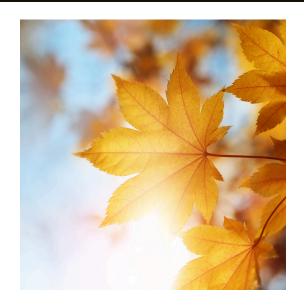
HSCDSB has hired an Ontario College of Teachers certified instructor and will be hiring a Cultural Support Worker. In addition to offering the classroom "home base" space at Rockhaven, SRFN is hiring a Program Support Worker to assist in maintaining the school site, as well as assisting the team in creating connections to community. Student's will learn not only from teachers, and textbooks, but also from Anishinaabe knowledge keepers.

The SRFN education team is seeking input from community on the re-naming of the Rockhaven school. The winning submission will be awarded a special prize. Contact the department for more information.

Keep an eye out for a flurry of activity not only at the former Rockhaven site, but also in community. If you are interested in offering a skill or teaching to our new initiative, please contact the SRFN education department.

We would like to say Chi Miigwech to the Huron Superior Catholic District School Board for believing in and supporting our mission.

Stay tuned for more photos and stories as our new program develops and grows.





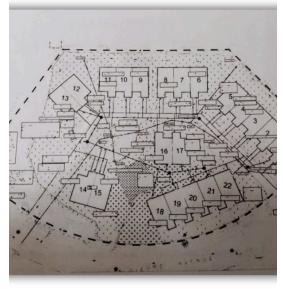
Anishinaabemowin Phrases/Words of the Month:



Zhiibiignaatig - Pencil
Kinoomaagewgamig - School
Gindaso - Read
Niibiish (an) - leaf (leaves)
Dagwaagin - It is Fall
Gji'aan - Test
Kosmaan - Pumpkin
Esbikenh - Spider

Serpent River First Nation Breaks Ground on New Homes for Our Members

On August 25, 2025, Chief and Council of Serpent River First Nation gathered with community partners and the City of Elliot Lake to celebrate the groundbreaking of 22 new townhomes at 80 Dieppe Avenue. This marks a historic step forward in providing housing opportunities for our members living off-reserve, while still within our Treaty territory.



Serpent River First Nations planned development of 80 Dieppe Ave., in Elliot Lake will have 22 - 2 bed, 2 bath homes.

These homes will feature two bedrooms, two bathrooms, and a single-bay garage, offering quality, modern living for families and individuals. The project reflects the direction Chief and Council received from members during community engagement sessions, where housing was identified as a top priority.

Chief Wilma-Lee Johnston spoke about the importance of this initiative:

"We recognize that there is a large Indigenous population here. At least 10 per cent of Elliot Lake is Indigenous and with that we understand that they have a large housing list here as well. So, any way that we can alleviate and help this community grow." (CTV Northern Ontario).

Serpent River First Nations council members Steve Meawasige, Shirley McLeod, Chief Wilma-Lee Johnston and Mayor Andrew Wannan at a groundbreaking ceremony at 80 Dieppe for 22 new housing units.

Project Manager Ryan McLeod shared the construction timeline and details:

"The 22 homes will feature two-bedroom, two-bathroom layouts with a single-bay garage. Construction is set to begin later this week, with completion expected in the fall of 2026." (Elliot Lake Today).

"Now that the initial planning process is completed with the engineering department and permitting is underway, groundwork will commence over the next week or so. We'll see townhouses starting to be constructed by mid-October." (CTV Northern Ontario).

The first units will be ready for rent by early 2026, with the full project completed by fall 2026. This development not only creates housing opportunities for our members but also supports local employment and strengthens our Nation's partnerships with surrounding communities.

This housing initiative is more than a construction project—it's a powerful step forward in strengthening community, culture, and economic resilience. Stay tuned for further updates as construction unfolds. More information on rental opportunities will be available soon for members interested



Celebrating New Housing in Our Community

Serpent River First Nation is proud to announce the completion of two newly constructed 5-plex housing units. A Ribbon Cutting Ceremony will take place on October 9th 2025, at 3:00 PM at 30 Sulpher Circle, Cutler.

This exciting milestone is part of a much larger housing development initiative that has brought two 5-plexes, seven duplexes, and four minihomes to our community. Together, these projects reflect SRFN's long-term commitment to addressing housing needs, ensuring members have access to safe, modern, and accessible homes.

"The completion of these housing units represents a meaningful investment in the future of our members," said [O'Gimaa Kwe, Genaabaajing, Wilma-Lee Johnston, Chief of Serpent River First Nation]. "We are proud to see this project come to life and to continue creating opportunities for growth and well-being within our community."

This achievement would not have been possible without the continued dedication of our Housing Department and the support of partners and funders who believe in our vision for community growth.

Stay tuned for more updates as housing development continues to move forward, bringing even more opportunities for our members to thrive.







Renewing the Pow Wow Grounds to Honour Tradition and Building for Seven Generations Ahead!

Paying homage to the history of Serpent River First Nation while moving forward together as a community, the Pow Wow ceremonial grounds have recently undergone essential updates.

With support from the Housing and Infrastructure Department, the old grandstands were removed this summer due to safety and accessibility concerns. We were excited to see the completion of the first phase of refurbishment, introducing 18 pergolas arranged in a circle, honouring the traditional design of the original Pow Wow grounds. This work, guided by the Waawaashkesh Dodem, was completed in time for this year's Jintamok.

Looking ahead to the next phase of upgrades, the Serpent River First Nation has been awarded funding from the Northern Ontario Heritage Fund Corporation (NOHFC) for replacing the grandstands and installing new signage, amounting to approximately \$180,000. Additionally, an application has been submitted to the Federal Government's Legacy Fund to support these enhancements. This phase will include building a new drum arbour, Sacred Fire area, stage and MC booth with ramp access, a canteen with a covered seating area, and changerooms. The application totals over \$1.4 million for upgrades. These improvements will create a renewed, safe, and fully accessible Pow Wow grounds. The project demonstrates both the resilience of the community and its dedication to preserving cultural traditions for seven generations to come.

Paving the community and its commitment to preserving cultural traditions for future generations.







A Message from Koognaasewin

Koognaasewin emphasizes:

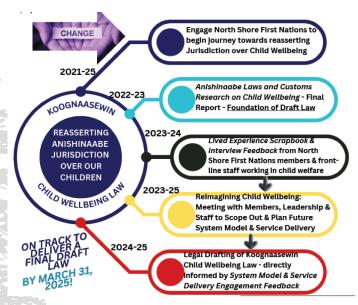
- The Anishinaabe perspective on raising, protecting and caring for children – which they did successfully since time immemorial.
- Anishinaabe Tradition, Customs and Practices connection to the land and water, family, language, culture, ceremonies.
- Advancing well-being of the entire community through prevention programs and services.
- Roles and responsibilities for all family members and respecting the rights of children.
- Storytelling as a means of teaching and discipline as a way of teaching children to learn their responsibilities.

The Koognaasewin project is the result of the North Shore Tribal Council's October 2018 resolution concerning child welfare that recognizes the need to restore Anishinaabe jurisdiction for child welfare. The North Shore Tribal Council created the Koognaasewin project team to work with the North Shore First Nations towards the development of a new Child Wellbeing Law that North Shore First Nations can adapt for their families' and children's needs. The Koognaasewin Team continues to collaborate with community-based staff, leadership and rightsholders to prepare a Draft Child Wellbeing Law that will support the reassertion of Anishinaabe control over our children.

The Koognaasewin project has been actively engaging with North Shore First Nations since early 2021 towards supporting each community's development of their own Child Wellbeing Law. As Koognaasewin continues our Year 5 work, below are Koognaasewin Project milestones:

Koognaasewin Highlights

- Attended several Community Events and had the opportunity to discuss Koognaasewin with community members from youth to Aunties, Grandmas and Elders.
- Continued to support Sagamok Anishnawbek and Mississauga First Nation as both communities build out their respective draft Child Wellbeing System and Service Delivery Models.



- From its conceptual beginnings in early 2024, Koognaasewin's designated legal writer made substantial progress towards the development of a Draft Koognaasewin Child Wellbeing Law. As of March 31, 2025, a "Best Draft Version" of the Koognaasewin Child Wellbeing Law is now available, enabling North Shore First Nations to adapt the Draft Law to best suit the Child Wellbeing needs and vision for their own community.
- Based on direction from our Joint Technical Committee and Working Group, Koognaasewin brought on board Quintessential Research Group to assist North Shore First Nations to better understand and identify the Data Management and Data Governance needs, processes and tools that will help Child Wellbeing departments and staff deliver measurable, quality child and family services and supports.

A Message from Koognaasewin Cont'd

- Koognaasewin engaged with Aboriginal Legal Services (ALS) in Toronto to help shape what a North Shore Alternative Dispute Resolution (ADR) approach could look like. The ADR mechanism and process will replace the Ontario courts system in dealing with child welfare matters.
- We met with Elders in Mississauga First Nation to hear and document their stories about their experience and teachings on raising children (Koognaasewin). Elders' knowledge continues to shape the Draft Child Wellbeing Law development process, ensuring that Anishinaabe values, customs and traditions underpin and guide the Child Wellbeing Law.



- Considerable community engagement on the Draft System Design and Service Delivery Model has occurred since 2021, including sessions with Elders, youth, child and family program administrators and frontline staff, parents, and community members with lived experience. The focus of Child Wellbeing will continue to be on keeping children in their community, surrounded by their culture and connected to their family.
- Koognaasewin hired InWithForward to conduct an engagement process with community members who've had Lived Experience with the current child welfare system. This engagement process resulted in the Scrapbook. You can find out more about the Scrapbook and other InWithForward work on the Koognaasewin website at www.koognaasewin.com
- Koognaasewin brought together Jordan's Principle (JP) frontline staff to establish a monthly Forum where frontline staff can share ideas and challenges and find solutions to common JP service delivery issues.
- We coordinated well attended Cultural Training sessions with Elder Mike Bisson as well as a series of Strengthening Families training sessions.
- Koognaasewin continues to work with a contractor to support North Shore First Nations in developing new Child Wellbeing Policies and Procedures.
- Koognaasewin established a Community of Practice Forum that meets regularly to support child and family program managers and directors as they tackle key challenges of human resources, capacity, infrastructure, policies and procedures, and other programming challenges that may restrict the successful implementation of a sustainable Child Wellbeing service delivery system.

Key Koognaasewin Work Ahead in Year 5 includes:

- Costing out the new Child Wellbeing System will be our primary engagement focus.
- System Design discussions will drill down, scope out and support the development of community and system-level Child and Family Program policies and procedures, tools, resources, etc.
- Beginning April 1, 2025, North Shore First Nations will start developing their individual strategies for engaging with their rightsholders to determine how their Draft Child Wellbeing Law and plan will be finalized.
- The Koognaasewin Team will continue to support North Shore First Nations with System Design, Child and Family Program Development, Costing, and supporting the consultation process ahead.

A Message from the Nisoonag Partnership

Initiative Overview

The Nisoonag Partnership, representing Serpent River First Nation, Sagamok Anishnawbek, and Mississauga First Nation is led independently by the three nations and is unrelated to other Survivors projects. The key purposes of The Nisoonag Partnership is to identify unmarked remains and to uncover the truth of the Boys' and Girls' Spanish Residential Schools.

Research Updates

The Nisoonag research team is continuing to collect archival material for the Spanish Residential Schools. They have begun processing, reviewing, and organizing archives from various repositories. The research team invites former students and their family members to continue sharing photographs and documents. We are happy to scan these items and will return them to you on the same day! These archival materials help us to learn more about student's experiences at the school and add to the archival database the initiative is building. If you're interested in getting involved with the research, please connect with Trina (her contact information is listed below).

Progess

The Nisoonag Partnership has completed all student working sessions and continues to expand outreach to communities with former students. Bi-monthly meetings remain an important way to share updates and invite community participation. The most recent gatherings were held on May 21, July 17, and September 30. The September 30 meeting coincided with the National Day for Truth and Reconciliation and included remarks from the Ontario Chief Coroner.

Upcoming Key Dates

- November 19, 2025 Regular student meeting at the Spanish Marina, 9:00 a.m.-1:00 p.m.
 Open to all community members.
- January 2026 Next bi-monthly meeting (details to follow).

Please call the National Residential School Crisis Line at 1-866-925-4419 if you or someone you know is feeling distressed.

For more information, questions, and inquiries about the Nisoonag Partnership, please contact:

Trina Roque-Abitong Administrative Assistant - Nisoonag Office: 705-844-2418 ext. 422 trina.roque-abitong@serpentriverfn.com



National Day for Truth and Reconciliation Gathering

On September 30, 2025, community members gathered at the Spanish Marina to honour the National Day for Truth and Reconciliation. The day began at sunrise with a Sacred Fire and Sunrise Ceremony led by Wayne Southwind, followed by breakfast together at the marina. At 10:00 a.m., Ontario's Office of the Chief Coroner, represented by Mark Mackisoc, joined the community for a remembrance ceremony. During this ceremony, the names of known children who died at the Spanish Indian Residential Schools were shared, bringing community together in reflection and remembrance. The ceremony was led by Wayne Southwind.

This gathering was hosted through the Nisoonag Partnership — formed by Serpent River First Nation, Sagamok Anishnawbek, and Mississauga First Nation. Together, the Nations continue to honour the children who never made it home, and those who are still to be found.

We understand that discussions on Indigenous history continue to bring up various emotions and thoughts. We want to emphasize that support is available should you need it. Here are some helplines and resources:

- Hope for Wellness Help Line: Available 24/7 for emotional support and crisis intervention at 1-855-242-3310.
- Talk Suicide Canada: Available 24/7 at 1-833-456-4566.
- Wellness Together Canada: For adults, call 1-866-585-0045 or text WELLNESS to 741741. For youth, call 1-888-668-6810 or text 686868.
- First Nations and Inuit Hope for Wellness Helpline: Call 1-855-242-3310.
- National Suicide Prevention Line: Call 1-833-456-4566.
- Missing and Murdered Indigenous Women and Girls Crisis Line: Call 1-844-413-6649.
- Mental health crisis hotline for all Northern community members: Dial 988.
- The National Indian Residential School Crisis Line: Call 1-866-925-4419.
- For youth and young adults (age 5-29): Call 1-800-668-6868 or text CONNECT to 686868.
- We also encourage you to explore coping strategies through the "We Matter" campaign's videos, which offer valuable insights and support, specifically the We Matter Videos on Coping Strategies.at:

https://wemattercampaign.org/campaigns/videos









Robinson Huron Treaty Update

From September 7-9, 2025, Serpent River First Nation Staff attended the Robinson Huron Treaty of 1850 Gathering in Baawaating (Sault Ste. Marie) to commemorate 175 years of the Treaty. This year's theme was "Anishinaabe Relationship and Responsibility to Creation". This gatherng gave us much to commemorate and honour as we move forward collectively as Anishinaabe of the RHT territory. On the righthand side you will see photos from this event captured by our staff. The Elder speaking in the photo in the middle is Ken Meawasige, part of the "TEK Elders Group".



Alongside this gathering, new documents have been uploaded and are now available in our Members Portal under the RHT section on the SRFN website:

- Trust Deed (Draft, August 9, 2025) –
 Outlines the terms of the Serpent River
 First Nation Robinson Huron Trust, which
 will hold and invest our share of the \$10
 billion settlement for the long-term benefit
 of SRFN members.
- Plain Language Document (August 9, 2025) – A simplified guide to the Trust, the Trustees, and how decisions will be made.
- Report to Members (August 9, 2025) Provides background on the Treaty, the settlement, and the collective nature of Treaty rights.
- Update from the RHT Litigation Fund (September 8, 2025) – A statement reaffirming the collective rights of members and addressing recent misinformation.





Cutler Acid Plant Remediation Update

Historical and Technical Background

The Cutler Acid Plant was in operation between Aird Bay and Highway 17 from approximately 1957 to 1963 to produce sulphuric acid. As part of the production process, a waste referred to as calcine (purple-red coloured iron ore) was found as a very fine-grained powder in the vicinity of the former plant. In 1963 when the plant was shut down, most of the machinery and some of the raw and waste materials were removed from the site. However, large quantities of waste materials were left in many areas of the site.

Since 1981, several environmental investigations and clean-up of some site areas have been funded by Indigenous Services Canada to address the presence of waste materials and contamination in soil, groundwater, surface water, and sediments (mud) within the site. Most notably, 180,000 cubic metres (m³) of visibly contaminated soils were excavated in 1988-1989. However, some impacts and debris associated with the former acid plant remain on site. To address the issues, WSP completed additional environmental sampling and investigations. These studies led to a complete understanding of the impacts at the site and recommended the excavation of over 100,000 m³ of soil for off-site disposal/treatment and groundwater management.

Clean- up works were planned to be completed in two stages. The first stage was completed in 2025 which included excavation and off-site disposal of 3,000 m³ of debris/contaminated soil from the areas located west of the former plant and across from Kenabutch Family Centre. This work also included removal of debris under water from Aird Bay, completed in the fall of 2022. Reinstatement of the site was completed by placing topsoil and hydroseeding using a native grass mixture. Stage 2 consists of excavation and off-site disposal of the remaining impacted soil, groundwater management and revegetation to reinstate the area. Stage 2 is scheduled to start in 2026, with the excavation, backfilling and restoration of the site completed by 2028. A long term monitoring plan will be developed to ensure the remediation was successful.



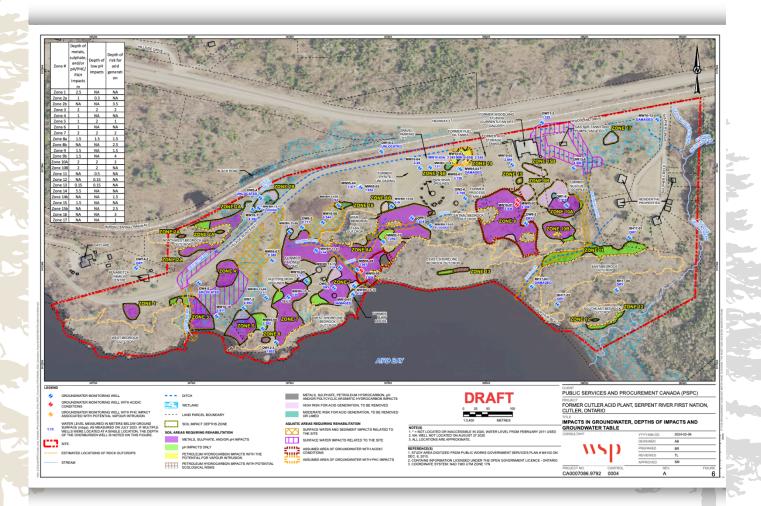
A Message from Lands, Environment, & Public Safety

Cutler Acid Update Current Progress Update

The remediation of zones 1 & 4 of the former Cutler Acid site was completed at the beginning of August; the impacted soil has been removed and a fresh layer of soil and a native seed mix has been applied to the site. Milestone Environmental has left the fencing on site for now to minimize foot traffic to protect the seeded area.

The remediation project will enter its second phase in the fall and winter; tree clearing will first take place to prepare the site for excavation. Following this, Serpent River First Nation, with the help of WSP, our environmental consultants, will select a contractor to perform large-scale excavation in order to remove impacted soil from the heart of our community. The process will probably take two years, with scheduling set up in such a way that our annual powwow can still take place.

Please reach out to the Lands department if you have any questions. Miigwech



Walking with the Seven Grandfather Teachings

In our traditions, the Seven Grandfather Teachings are gifts passed down to guide us in living in a good way. They remind us how to treat ourselves, each other, and the world around us. When we practice them together, they help us create balance and harmony in our community.

- Love (Zaagi'idiwin): Love teaches us peace. It begins within and then flows outward to our families, neighbours, and all of creation.
- Respect (Mnaadendamowin): Every person, every being has value. We show respect by honouring one another, the land, and the gifts that sustain us.
- Courage (Zoongide'ewin): Courage is doing what is right, even when it is difficult. It can be as simple as standing up with kindness or choosing gentleness over anger.
- Truth (Debwewin): Truth is living honestly, aligning our words and actions with what we know is right.
- Honesty (Gwekwaadziwin): To live with honesty is to be clear, fair, and upright — with ourselves and with others.
- Humility (Dibaadendiziwin): Humility reminds us that we are all equal in creation. It helps us listen deeply, give thanks, and learn from one another.
- Wisdom (Nbwaakaawin): Wisdom is using knowledge and experience for the good of all, sharing what we know with care.

Together, these teachings remind us of the importance of walking gently, speaking kindly, and lifting each other up. As a community, we can choose to carry these gifts every day — reminding one another to be patient, compassionate, and kind.





Genaabaajing 34th Traditional Jiintamok



Serpent River First Nation was proud to host the 34th Annual Genaabaajing Traditional Jiintamok on August 9–10, 2025. This year's theme, M'ndaa dending Biinji Mshkoziiwin – Honouring the Strength Within, brought together community members, dancers, drummers, and visitors from near and far for a memorable weekend of culture, ceremony, and celebration.

On behalf of Serpent River First Nation, Chi-Miigwetch to the Jiintamok Committee, Elders, volunteers, dancers, singers, vendors, and guests who made the 34th Traditional Jiintamok such a success. We look forward to welcoming everyone back in 2026 for the 35th Annual Jiintamok.











News & Events





Updated Website Coming Soon

We're excited to share that an updated version of our website is on the way. The new site will feature a fresh look, easier navigation, and improved access to the information and resources you need.

Keep an eye out for the official launch—we'll be sharing more details soon. In the meantime, enjoy this sneak peek photo of what's to come!

Hydro One/ Wasmoowin Community Update

Hydro One is planning to build a second transmission line between Hanmer and Mississaugi in response to the growing energy needs in Northern Ontario, as identified by the IESO (Independent Electricity System Operator). This project was initially approved by Ontario Hydro in 1984, following a process that included an Environmental Assessment report written in 1982.

The Waasmoowin energy was formed by eight partner First Nations to manage their interest in the project, with the goal of shared ownership of the new line with Hydro One. Currently, the project is undergoing an Environmental Update. This study aims to update the 1982 EA to reflect changes in the environment and a deeper understanding of First Nations treaty rights.

Two companies are collaborating on the project for the eight nations, with a focus on the best interests of the communities and adherence to Indigenous best practices. Serpent River First Nation is also monitoring the project through bi-weekly visits. The team is currently drafting an Environmental Update Report (EUR) for review, which will include archaeological monitoring and other environmental assessments. The community was updated at the Community Open House that was held on September 22, 2025.

To date, Hydro One and Waasmoowin Energy have held three community open houses, featuring Aecon and Valard to discuss employment opportunities through Early Contractor Engagement (ECI). Moving forward, they will work directly with the Education and Training departments of Serpent River First Nation to ensure the community has a direct connection to the project. Additionally, two career days will be hosted on October 21, 2025, at Mississaugi First Nation and on October 23, 2025, in Sagamok Anishnawbek. Details on transportation will follow. A community mapping engagement and elders' breakfast were also held to protect culturally significant areas within Serpent River Territory. After reviewing the report in 2025 and 2026 and a successful submission to the Ontario Energy Board in 2026, construction of the second line could begin in 2027.2027.



A Message from Health, Home, and Community Care Departments

Aaniin, Boozhoo!

As we welcome October, we enter a season of reflection, preparation, and renewed commitment to community health. This month brings opportunities to raise awareness around critical health issues, including Breast Cancer Awareness, Mental Health, and Seasonal Flu Prevention.

As many of you may have experienced or heard, our health services will soon be facing significant staffing shortages. Both of our Community Health Nurses will be either starting or continuing their education in September. Both Ashley and Amanda are completing the bridge program to transition from RPN's to RN's. We wish them nothing but the best in their education as we await them to return to provide services once again.

The lack of a nurse in the clinic every day will be a challenging one and will affect our ability to provide timely and comprehensive care to everyone in our community. We understand how frustrating and concerning this can be, especially when it comes to accessing essential health services.

We want to assure you that we are actively working on providing solutions during this time. Despite these obstacles, our dedicated staff continue to work tirelessly to serve the community with compassion and professionalism.

The following are some of the changes/solutions we will be presenting to community members:

New Community Health Nurse

We had hired a new Community Health Nurse back in July and unfortunately, recently she had to leave her position. A posting will be going out to fill the position ASAP.

Lab Work

Until January of 2025 all lab work will be scheduled on Wednesday mornings from 9am – 11am only. If you require the lab work quicker than what we can schedule we will offer our medical van to take you to Elliot Lake or Blind River to have the lab work completed.



A Message from Health, Home, and Community Care Departments Cont'd

Walk-Inns – Same Day Appointments

There will be no guarantee of community members being seen on a walk-in basis. Richard SanCartier, NP will be scheduling one SAME DAY appointment for each of his scheduled clinic days starting at the beginning of September. Richard is in the clinic Monday – Wednesday. It will be best to call the clinic to ensure there is a nurse available to assess you once you get to the clinic.

North East Virtual Nurse Practitioner Care Clinic

You may be directed to call the North East Region Virtual Care Clinic. This is a virtual care clinic led by a team of Nurse Practitioners. The clinic provides timely access to care for clients experiencing urgent medical needs. They are open daily from 1:00pm – 9:00pm. The contact number is 1-888-684-1999

Immunizations

We are working with Algoma Public Health to provide monthly immunization clinics at the health centre. One or two nurses from Public Health would be available to provide the required immunizations to our community members. You will be given the information if you call the clinic requiring a vaccine.

These changes will be in place until mid-January of 2026. In the meantime, we ask for your patience and understanding. If you experience delays or changes in service, please know that we are doing everything possible to minimize disruptions and maintain the quality of care. Your feedback and support are invaluable during this time. If you have suggestions, concerns, or would like to get involved in supporting our health services, please don't hesitate to reach out.

OTN SERVICES (Ontario Telemedicine Network)

The Kenabutch Health Centre is an OTNhub. Virtual care makes accessing health care more convenient, minimizes time spent travelling, and provides better support for people living with chronic disease. The result is better outcomes and less time spent away from the people and things that really matter. This service will not be affected.

October is also a time to recognize the incredible work of our health teams. From immunization clinics to community outreach, your dedication continues to make a meaningful impact. I encourage everyone to take part in our upcoming health campaigns and share resources with other community members.



A Message from Health, Home, and Community Care Departments Cont'd

World Mental Health Day, October 10th, 2025

World Mental Health Day is an opportunity to raise awareness about mental health issues and advocate for more support and access to mental health care. Mental health impacts every aspect of our lives, and this day encourages us to break the stigma surrounding mental health conversations, while promoting resources, practices, and support systems that can improve emotional well-being. It's a reminder to check in with ourselves and others, fostering an environment of understanding and empathy.

Global Handwashing Day, October 15th, 2025

Global Handwashing Day highlights the importance of proper hand hygiene in preventing the spread of infectious diseases. It's a simple yet highly effective way to safeguard health. By washing hands with soap at critical times, such as before meals or after using the restroom, we can reduce the risk of spreading illnesses like the flu or a stomach bug. This day encourages people worldwide to adopt regular handwashing habits to protect themselves and their communities.

Breast Cancer Awareness Day, October 19th, 2025

Every October 19th, the International Day against Breast Cancer is celebrated with the aim of raising awareness about the prevention and early diagnosis of this disease that affects millions of women and men around the world.

According to the World Health Organization (WHO), breast cancer is the most common tumor in women in both developed and developing countries. A new case is diagnosed every 30 seconds.

This pathology could be cured if detected in time, so it is essential to carry out periodic reviews and be attentive to possible symptoms. Breast self-examination, mammography, and ultrasound are some of the tools that can help identify abnormalities in breast tissue.

Let's continue to work together to build a healthier, more resilient community. Thank you for your ongoing commitment and compassion.

Thank you for your continued trust and cooperation.

Warm regards,

SMacon Smi

Leila Macumber Health Director

Serpent River First Nation

Lifestyle Centre

As part of our commitment to maintaining a safe, respectful, and welcoming environment for all members, we'd like to remind everyone of our gym protocols.

Please take a moment to review the following guidelines:

General Gym Etiquette

- Wipe down equipment after use with the provided disinfectant wipes.
- Return weights and equipment to their designated areas.
- Respect personal space and avoid crowding others during workouts.
- Limit time on machines during peak hours to ensure fair access for all.

Hygiene & Safety

- Use a towel during workouts to maintain cleanliness.
- Wear appropriate gym attire and closed-toe athletic shoes.
- Stay home if you're feeling unwell to protect others.
- Follow staff instructions and posted signage at all times.

Hours & Access

- Please adhere to posted operating hours. As of August 25, 2025 these hours will be begin
 to be enforced.
- Guests must be registered and follow all gym rules.

Marijuana & Substance Use Policy

- Drug-Free Environment: Alcohol, recreational drugs, and smoking (including vaping) are strictly prohibited within the gym premises.
- You must be 30 feet away from any entrance when smoking (including vaping). We have placed a picnic table and ashtray away from the door to protect those members who do not smoke at the gym.

We appreciate your cooperation in helping us maintain a positive and safe environment for everyone. If you have any questions or suggestions, feel free to reach out.







A Message from the Health Department Regarding Influenza

Flu Clinics will begin in October. Watch your mail and online for more information.

About the flu

The flu is a serious illness that is caused by a virus.

People experience a number of symptoms, including:

- fever
- muscle aches
- · extreme fatigue

For some people it can lead to pneumonia, which is a more serious illness. Some people can become very sick and will need hospital care.

In Canada, seasonal flu activity can begin as early as October and continue as late as May. Peak flu season is in a 10 to 16 week period that usually starts in December. Between 10% and 20% of the population will get the flu each year.

Who can get it?

Anyone can get the flu. If you have it, you can infect others a day before your own symptoms even appear. You're also contagious for up to 7 days after you get sick. Children and people with weak immune systems can spread the flu virus for a longer period of time.

High-risk groups

Some people have a higher risk of complications or hospitalization from the flu. This includes, for example, children under 5, those over 65 years of age, pregnant women, people with underlying health conditions and Aboriginal Peoples.

Symptoms

Symptoms usually start 1 to 4 days after exposure to the virus. In most adults, the flu lasts 2 to 10 days. It sometimes lasts longer for the elderly, children and people with chronic illnesses. You may have the flu if you experience:

- fever
- chills
- cough
- runny eyes
- · stuffy nose
- sore throat
- headache
- muscle aches
- extreme weakness and tiredness
- some people may have vomiting and diarrhea, though this is more common in children than adults



A Message from the Health Department Regarding Influenza Cont'd

Flu vs. common cold

The symptoms of the flu and the common cold are very similar.
Unlike a case of the common cold, the flu can lead to serious health problems like pneumonia.

Use this chart to help determine if you have a cold or the flu.

Symptom	Cold	Flu						
		Often high (102°F – 104°F or 39°C - 40°C). Starts						
Fever	Rare	suddenly, lasts 3 to 4 days. Not all people with flu will						
		have a fever.						
Headache	Rare	Often, can be severe						
Muscle aches	Sometimes, usually mild	Often, can be severe						
1		Often, can be severe, may last 2 to 3 weeks						
Feeling tired and	Sometimes, usually							
	mild							
Fatigue (extreme	Unusual	Often, can be severe						
tiredness)	Ollusual							
Sneezing	Common	Sometimes						
Chest discomfort	Sometimes, mild to	Often, can become severe						
and/or coughing	moderate							

If you get the flu.....

If infected, be sure to:

- stay home and get plenty of rest
- drink lots of fluids
- · avoid drinks with caffeine
- take basic pain or fever relievers but do not give acetylsalicylic acid (ASA or Aspirin®) to children or teenagers under the age of 18
- treat muscle pain using a hot water bottle or heating pad — apply heat for short periods of time
- take a warm bath
- gargle with a glass of warm salt water or suck on hard candy or lozenges
- · use spray or saline drops for a stuffy nose
- avoid alcohol and tobacco
- Call your doctor or health care provider if:
- you don't start to feel better after a few days
- your symptoms get worse
- you are in a high-risk group and develop flu symptoms

Protect against the flu

To avoid getting sick:

- · Get the flu shot early and every year
- Wash your hands often
- Cover your mouth and nose with a tissue when you cough or sneeze
- Try not to touch your face
- Stay at home when you're sick
- Clean (and disinfect) common surfaces and items



A Message from Home and Community Care

The Home and Community Care Program at Serpent River First Nation is dedicated to supporting Elders and individuals with disabilities by providing compassionate, culturally respectful care that promotes dignity, independence, and quality of life. Our team works closely with clients and families to ensure care is tailored to individual needs.

The Home and Community Care Program supplements but does not replace our clients' efforts to care for themselves with the assistance of their family, friends and the community. We help those who want to keep their independence in their own home and to be close to their loved ones as long as possible.

The goals of the Long Term Care Unit:

- To provide in home care for our Elders & Disabled in the community so they can remain at home longer.
- Foster a safe, nurturing environment for residents of the Geka Wigwam Elders Lodge
- Provide opportunities for social and wellness activities for our Elders in the community

Key Services

- Personal Support Worker (PSW) Services: Assistance with daily living activities such as bathing, dressing, and mobility.
- Nursing Services: In-home nursing care and health monitoring.
- Assisted Living Services: Support for semi-independent living with access to medical and personal care.
- Home Repairs and Maintenance: Minor home modifications to ensure safety and accessibility.
- Case Management: Coordination of care plans and services tailored to individual needs.
- Seniors Recreation and Activity: Social and wellness activities to enhance mental and physical well-being.
- Care to Geka Wigwam Residents
- Help Line: This personal response service ensures that clients living on their own can get quick assistance—24 hours a day. The client just presses the help button (pendant or wristband) and a certified Helpline monitor will respond, assess the situation and contact the appropriate help, whether it be a neighbour, relative or ambulance.



- Medical Equipment Loan Cupboard: This service provides a wide range of medical equipment such as walkers, canes, hand rails, commodes, and hospital beds that are available for loan on a short-term basis.
- Seasonal Services: Assistance with seasonal help around the home for HCC clients who
 are unable to safely do it themselves is available. This includes snow removal, grass
 cutting, and seasonal housing cleaning.
- Well Being Checks: Some clients living alone or home alone after a change in medical condition may benefit with a check in from a PSW. The HCC program offers scheduled security checks in person or by phone.

A Message from Home and Community Care Cont'd

How to Access Services

If you are interested in receiving services, please call the Home and Community Care Coordinator at the Geka Wigwam Elders Lodge, 705-844-2818. Referral to the Home and Community Care program can be initiated by the applicant and/or family member, community program, external agencies and primary health care providers.

Who We Service

You are eligible for services if you meet **ONE** of the following criteria:

- Elderly persons in need of support services
- Adults with physical and mental disabilities
- People of any age who require support services at home for short periods while recovering from being hospitalized

AND

You are eligible for services if you meet ALL of the following criteria:

- You are a resident of Serpent River First Nation
- Your condition is such that adequate service can be provided at home with resources available in the program
- There is no significant risk of harm to the service provider

Giiwednong (GHL) and One Client-One Record (OCOR)

The Health Director attended a session on September 9th to reinvigorate the 14 FN communities involved with GHL regarding the possibility of One-Client-One-Record.

One Client, One Record (OCOR) is an EMR-based project that aims to connect the local EMRs, unify the charting systems, and improve provider workflows for better health outcomes across the board.

GHL is in the research & development stage(s) of the OCOR project and is striving to determine efficient timelines and goals.







Update on the Maamwesying Ontario Health Team

Ontario Health Teams are groups of health and community service providers who work together as one coordinated team to deliver care to a defined geographic population. This includes:

- Primary care providers
- Hospitals
- Home and community care
- Mental health and addiction services
- Long-term care and palliative care
- Social and community services



Their goal is to ensure patients experience seamless transitions between providers, with one patient record, one care plan, and 24/7 access to care coordination and navigation services



Projects and Deliverables

1. Transitions in Care

- Hosted tailored engagement sessions with participants from across the continuum of care, including hospital staff, First Nation community staff and leadership, regional healthcare organizations, and individuals with lived experience. These sessions mapped the current experiences and the ideal future state of a patient's transition in care.
- Facilitated regular collaborative, interdisciplinary working groups with hospital and community representation.
- Informed the design and integration of a culturally safe process for collecting Indigenous self-identification information within our partner hospitals Electronic Medical Records.
- Enhanced accessibility and awareness of Indigenous System Navigation support.
- Developed resources to support staff training and public awareness about Indigenous self-identification and the availability of Indigenous health services.

2. Lower Limb Preservation

- Introduced the use of standardized assessments and screening of the foot and lower leg within health clinics in our partnering First Nations Communities to improve the early detection and prevention of complications such as wounds due to neuropathy (loss of sensation of the feet).
- Provide hands on education and training to primary care providers and allied health staff on how to use the assessment and screening tools in their practice.



Update on the Maamwesying Ontario Health Team Cont'd

2. Lower Limb Preservation Cont'd

- Support nurses and allied health staff to expand their knowledge and skillset to provide care
 to wounds associated with Peripheral Arterial Disease and Diabetes through their
 participation in continuing education courses, Skin Wellness Associate Nurse and Wound
 Canada Champion training.
- Host community engagement sessions titled "Your feet and diabetes" for community members and elders.
- In August, all FN membership sent a letter supporting the LLP proposal as we recognize the
 critical importance of this initiative in addressing the prevention, early intervention, and
 management of lower limb complications related to diabetes and peripheral vascular
 disease within Indigenous communities served by MOHT.
- TeleVu Glasses: Security concerns arose from the unsecure TeleVu glasses packaging; larger lockable boxes are being sought for better equipment safety.
- Lower Limb Preservation Videos: Unexpected budget overrun of \$20,000 for educational videos occurred due to underestimated requirements; reserve funds are available to cover costs

3. Digital Health

- Al Scribe 3 providers along the North Shore will begin using Al Scribe in the next 3 weeks. Al Scribe is a tool that providers can use to help write SOAP (Subjective Objective Assessment Planning) note documentation. The process will be explained to each client and a written consent will need to be signed for the first visit. Verbal consent must be given at each visit after the initial one.
- On-Line appointment booking. Uptake of the program
 has not been that great by the clients. There are 6
 existing providers using On-Line booking and there will
 be 5 more added. Emails will be sent to all those clients
 who receive email reminders to ask them to use the
 booking function to schedule their next appointment.
- EMR Integration. The report from the community consultation done in the spring is not yet complete but will be done by the next meeting.

4. Mental Health and Addictions

- The MOHT selected Mental Health and Addictions as it's Year 2 Priority Population. Based on the high prevalence of Mental Health and Additions needs within our First Nation communities, as well as the roll out of the Robinson Huron Treaty annuities, the need to focus on ensuring a coordinated and sustainable Mental Health and Addictions support system is paramount.
- A Coordinator has been hired. Work to begin soon.



Update on the Maamwesying Ontario Health Team Cont'd

5. Communications

A Land Acknowledgement has been completed.

6. Indigenous Cultural Safety

- A Logo was chosen for the department
- A ICS Coordinator was hired
- A Framework was created for the ICS Online Living Library
- Communications Mock Up for the ICS Training Plan
- ICS Scavenger Hunt created
- This strategy is a living commitment to actively dismantle systemic Indigenousspecific racism within the healthcare system. It is guided by our collective vision, which is to be recognized as a leader in providing culturally-safe and responsive healthcare.
- Once achieved, our system will be one where the inherent rights to health and self-determination for Indigenous People are upheld and respected. Within this system, Traditional Anishinabek knowledge, healing practices and language will be woven into care.
- Further. individuals, partners, within the Maamwesying providers Ontario Health Team will operate from a deep understanding of cultural humility, anti-racism. and trauma-informed principles. They will work to co-design services with Indigenous patients and their families to ensure that the voices of those with lived experiences provide quidance for delivery.







Community Feedback Survey: We Want to Hear From You!

We're exploring new ideas for structured activity evenings at the Lifestyle Centre — and we need your input.

We would like to hear your feedback on:

- Hours of operation
- Equipment available
- Athletic activities such as badminton, pickleball, cornhole, volleyball, or basketball, etc
- Games & social activities
- Improvements you would like to see at the Centre



Your input will help us shape fun, engaging, and inclusive opportunities for health, wellness, and connection.

Scan the QR code below to complete the survey and share your ideas.

Your feedback will help us shape fun, inclusive, and engaging programming for everyone in our community.

If you have any questions or inquiries contact Talon Horst:



talon.horst@serpentriverfn.com

Talon's Work Schedule:

Wednesday & Thursday: 2:00 PM - 9:00 PM

Friday to Sunday: 9:00 AM - 4:00 PM











Colouring Page



Sparky says: Put phones and tablets on something hard when you plug them in.



Word Search

Р	Ε	0	Α	N	I	G	Α	Н	D	N	Ε	K	I
U	Α	S	0	I	I	S	N	Α	0	Р	I	I	N
M	N	Α	Н	N	Ε	K	I	В	S	Ε	N	I	Н
Р	Р	D	В	I	F	S	G	I	Р	K	L	Α	L
K	S	N	R	L	0	K	Α	S	Ε	D	W	L	L
I	Z	I	S	L	N	L	Α	Р	N	В	G	E	Ι
N	S	G	S	Α	Ε	Р	W	I	С	L	Α	Z	Ε
K	L	Α	L	F	D	Α	G	D	I	F	Ε	Α	N
В	С	D	Α	Ε	R	N	Α	E	L	K	S	I	F
N	Α	Α	M	S	0	Κ	D	R	Α	N	K	K	I
N	I	I	В	I	I	S	Н	G	Α	Α	Α	I	Ι
Z	Н	Ι	I	В	Ι	Ι	G	N	Α	Α	T	Ι	G
I	S	L	0	0	Н	С	S	Α	D	Ε	K	I	L
K	L	Н	G	L	S	F	Ι	N	0	Ι	W	Р	M

KOSMAAN
LEAF
FALL
PENCIL
READ
ESBIKENH
ZHIIBIIGNAATIG
DAGWAAGIN
NIIBIISH
SCHOOL
GINDASO
SPIDER
PUMPKIN



Word Search Answer Key

Word Search

U	Y	P	S	F	K	T	Z	L	L	K	U	J	G
Т	R	V	F		Z	J	Н	K	R	C	R	X	N
M	S	M	J	K	Y	0	I		E	Α	F	R	
Н	P	0	D	0	M	S	I	G	A	В	0	D	
X	U	S	A	S	Z	Н	В	I	D	Q	G	J	В
P	M	P	G	M	V	M		N	Y	W	U	J	
E	P	I	W	A	E	E		D	R	С	Q	С	
N	K	D	A	A	S	F	G	A	E	G	V	Z	S
C		Ε	A	N	В	A	N	S	K	G	W	J	H
I	N	R	G	U	I	L	A	0	С	N	0	K	Q
L	Y	Н	I	U	K	L	A	W	L		X	D	C
I	T	A	N	P	E	T	T	S	С	Н	0	0	L
N	M	U	J	I	N	W	1	Т	D	J	K	В	0
R	V	Q		J	H	F	G	E	W	W	J	0	В

ZHIIBIIGNAATIG

DAGWAAGIN

PENCIL

FALL

KOSMAAN

SCHOOL

PUMPKIN

GINDASO

ESBIKENH

READ

SPIDER

NIIBIISH

LEAF



Stay Connected

Reminder:

- All upcoming events
 are listed on our
 Facebook page under
 the "Events" section
- They are also pinned at the top of our
 Facebook page on the "Featured"
 section



Upcoming events Tue, May 27 at 4:30 PM and 9 more Kids Hapkido Martial ... 0 Interested · 1 Going Wed, May 28 at 4:30 PM and 4 more Bimose Mamaawi Anis... 9 Interested · 1 Going Mon, May 26 at 4:30 PM and 5 more Bimose Mamaawi Anis... 20 Interested · 1 Going See all events



Serpent River First Nation Administrative News and Events

